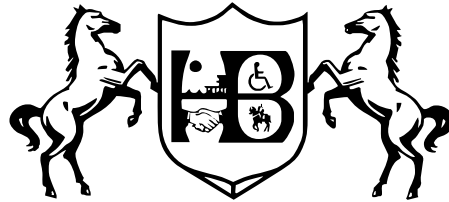


*"The Spirit
that Overcomes
Disabilities"*



Fall 2010



THERAPEUTIC RIDING CENTER
OF HUNTINGTON BEACH

OUR MISSION

Provide opportunities for people with physical and developmental challenges to discover their greatest strengths and gain a sense of self-confidence and self-reliance through the special relationship with a horse.

www.trchb.org

trchb@earthlink.net

The day sizzled, but students shined at KECSA

Spirits soared higher than the triple digit temperatures at the Kiwanis Equestrian Competition for Special Athletes held near Sylmar in September. Eight TRC students competed with more than 100 riders in Showmanship, English and Western Equitation, Dressage futures and Trail.

This was the first horse show for several of the students, including Steven, who earned a first place trophy and a compliment from the judge for his presentation of Dollar. Steven's competitive nature emerged when he was asked what he liked best about being in the horse show. "You know what that is...the trophy!" Congratulations



Photos by Kevin Smith

also to Britteny and Karina for earning 1st place in English Equitation and Showmanship, respectively.

Thank you to all of our wonderful volunteers – Barbara, Brenda, Haley, Kendall, Kevin, Karen's husband, Michelle and Sherry – for being there for them. And thanks to our instructors Donna and Karen for making sure horses, tack, volunteers and students were all in the right place at the right time. And thanks goes out to the Kiwanians and all of their volunteers for holding this special event for all of the athletes.



Zach rides
Traveler in Dressage
Futures



Steven presents
Dollar in
Showmanship



Britteny rides Vanity in
English Equitation

<u>Rider</u>	<u>Horse</u>
Britteny	Vanity
Christine	Vanity
Jamie	Traveler
Karina	Dollar
Kyle	Dollar
Michelle	Traveler
Steven	Dollar
Zach	Traveler

What's coming up

Coffee Cart

Nov 6, 13 and 20, 9-12

In front of HCPEC office

Fall Festival, horse show
and Gymkhana Nov. 14, 8-5
TRC event, 12:30

Equine Destiny

A documentary exposing the
mounting issues threatening
America's equines.

Special screening

Huntington Beach Library and
Cultural Center December 2
Reserve seating: to RSVP,
please call (714) 848-6565

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Oktoberfest – the community spirit that keeps on giving

Old World Village Festival Hall was packed again on the first day of Oktoberfest, and a record number of TRC students danced the Chicken Dance, ate Bratwurst, watched dachshund races and had a great time. Our favorite auctioneer Matt Liffering added to the excitement by auctioning off some great items.

For twelve years Bernie Bischoff and his family have sponsored this wonderful fundraiser for TRC. Bernie is also an active member of the TRC Boosters. It's this support and this spirit of giving that enable us to do what we do: To give our students the best program we can. That's why Bernie became our first Cowboy of the Year in 2007.

We owe bales of gratitude to Bernie (bales are a high ticket item these days)! Although not all could be there this year, those who were speak for everyone else when we say:

Thank you, Bernie!

Christine



Jamie



Steven



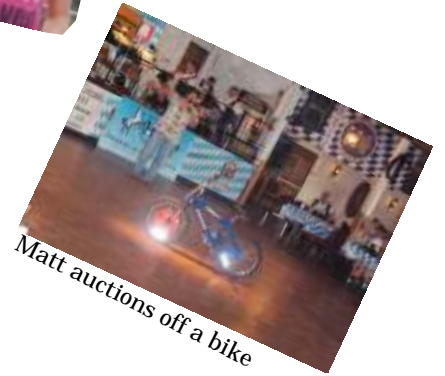
Lexi



Ashley



Donna, Jamie and Steven join revelers in the Chicken Dance.



Matt auctions off a bike

TRC timeline



1989
seed was planted

1990
1st lesson

1991
logo and name approved
first NARHA conference attended

1992
Incorporated as a nonprofit and received NARHA accreditation
Purchased first horse, an Arabian mare named Lena

1996
Tuesday lessons began
First non-riding program

2003
Saturday lessons began

2008
New arena completed

TRC part of Extreme Cowboy weekend



Photos by Bruce Brandt



Above: Caylyn carefully guides Traveler over the bridge. Below: Cade and Traveler head for their first obstacle.



Students, parents, families and friends gathered at the TRC arena on Sunday, August 15 for our horseshow, part of Extreme Cowboy weekend. During an intermission from the Extreme activities up on the trail, Amy, Ashley, Cade, Caylyn, Christine, Jamie and Zach demonstrated their own skills, taking their horse through an obstacle course that included holding a quarter while going over a bridge, stopping and drinking a glass of water, weaving through cones, and walking or jogging overlogs. Students and horses performed flawlessly. An announcer introduced each rider and horse, ended with a moving dedication to our beloved and very much missed pony Rhythm. All riders received ribbons and trophies. TRC instructors Donna Brandt and Karen Graves did a great job ensuring that everything ran smoothly.

Attending the activities

were several City officials including Huntington Beach Mayor Cathy Green, and Council Member Joe Carchio.

Our students were so excited and proud to perform for everyone and show off all their accomplishments – and we're very proud of them! Thank you to Susan Pierce, founder of the Red Bucket Equine rescue, all the Red Bucket volunteers who spent many, many hours putting this event together, and to Julie Golden, horse show manager.

The Red Bucket Equine Rescue was founded in 2008 and is located at the Huntington Central Park Equestrian Center. Its mission is to rescue, rehabilitate and re-home abandoned and neglected horses. The Surf City Extreme Cowboy Challenge is an annual benefit for the organization.

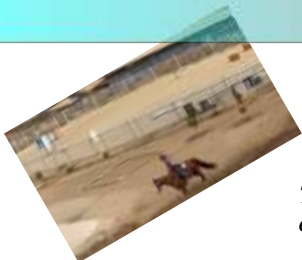


GoodSearch

We're signed up with GoodSearch! Now you can raise money for TRC from the comfort of your own home, doing something you may do everyday. When you use GoodSearch for your online searching, the company will donate a portion of their revenues to TRC. And when you use their sister company, GoodShop, to purchase online from companies like amazon.com, Staples, PetSmart, Target, Toys R Us, and dozens more, a percentage of your purchase will be donated to TRC – in addition, you'll have access to special coupon offers.

Go to www.goodsearch.com. Where it asks, "Who do you GoodSearch for, type in Therapeutic Riding Center of Huntington Beach, then click "Verify".

More than 90,000 non-profits have joined up, each raising thousands of dollars for their cause, and 1.6 million people participate. So tell your friends – from now on instead of Googling, try GoodSearching!



Left: TRC friends Wendy and Maybelline step up to the challenge; TRC arena in background Right: A cowboy drags a log



V o l u n t e e r

October



K e n n y Dierken is our volunteer of the month for October. Growing up on a ranch in Temecula, Kenny developed his love of horses, and now shares that with the students at

C

TRC. As a member of the Adult Committee for Scout Troop #1 of Huntington Beach, he has organized scout projects and recruited volunteers. We just love his enthusiasm and sense of humor that he brings to the arena Monday, Tuesday and Wednesday.

Above: Kenny leads for Zach while two members of his scout troop John and Mason sidewalk.

November

She may be one of our newer volunteers, having just started in May of this year, but 17-year-old Haylee Ricardo can be counted on to help out whenever we hold classes – and that's four days per week! Haylee takes riding lessons and works with children in special education at Village View Elementary School. This last September, she was one of the dedicated volunteers who braved the heat to walk with the students in the horse show in Sylmar. We're happy to name Haylee November TRC Volunteer of the Month.



Haylee, with Zach and Traveler

Lemonade, anyone?

Twelve-year-old Rebecca Ying was out in the hot August heat (we really did have periodic heat this summer) selling lemonade, doughnuts and raffle tickets to help support our program. Rebecca, who attends Mesa View Middle School in Huntington Beach and is a member of Girl Scout Troop #526, chose our program to work for her Silver Award. She volunteers on Tuesdays as a horse leader and sidewalker.



Rebecca greets customers walking and riding by

On board... Jean Kimbrell

Jean and Azurun in the Western classes in the 2009 Fall Fling at HCPEC



My name is Jean Kimbrell; I became the TRCHB Treasurer in 1997. For the past 26 years I have prepared taxes and done some light bookkeeping. I was the treasurer of the short lived "Diamond Angels", a group of women from the Equestrian Center who were dedicated to the welfare and maintenance of the TRC horses, and for 21 years I was the treasurer of Equestrian Trails, Inc, Corral 100. It was a good fit; except for QuickBooks, everything else was easy.

My horse Azurun was a rescue from the Los Alamitos Race Track. He is known as a running Quarter. I got him in January of 1991 when he was 4 years old. We were with the trainer Tina Duree then, and trained in Trail, Pleasure, Horsemanship, and Showmanship. We had many fun adventures in the show ring, and finally were Year End Show Champions in 1995, at the ETI Corral 100 Show Circuit. After that, Tina Duree moved out to Anaheim and Azurun and I did English with mild success at the AQHA (American Quarter Horse Association) level. I got tired of driving to Anaheim, so brought AZ back to HCPEC early in 2005.

Besides riding Azurun, I like to ride on vacations around the world. I have been to Ireland, Majorca, and Greece so far. I keep planning many more!! My husband Mike and I take a trip once a year to somewhere outside the US, and I try to get on a horse each time, even if it isn't in the program! I have ridden a camel, an elephant, and almost got on a Yak in China. He didn't look too friendly, and the whole group we were with would have had to wait, so I didn't get on him but I fed him rice flour, which is a treat for a Yak! The best horse ride was in Jordan, where I galloped a young Arabian gelding in Petra!

Look at the abilities

If you're familiar with the history of therapeutic riding, then you've probably read or heard the story of Lis Hartel, the young woman from Denmark who won two Olympic silver medals for dressage in spite of being paralyzed from polio. She became the Danish National Dressage Champion six times, was entered into two countries' Hall of Fame, and in 2005 was named one of Denmark's all-time top 10 athletes. Shortly after winning her second Olympic medal, Hartel and her therapist founded Europe's first therapeutic riding center. Her inspiring accomplishments are considered to be the impetus for the emergence of these riding centers throughout Europe and later North America.

So it seems fitting that this year, for the first time in the history of equestrian sport, para dressage was included in the World Equestrian Games in Lexington, Kentucky. Up until now, the Paralympics was the only venue where riders with disabilities were allowed to compete. This year, 31 of the top riders with disabilities from 16 nations demonstrated their talents and represented their respective countries right alongside riders with no disabilities. They were subject to the same stringent FEI guidelines and were scored under

the same criteria in individual, team and freestyle tests.

Many of the participants began their riding careers in therapeutic programs, where they had opportunities to reach beyond the disability, as far and high as they want to go. TRC is here for the same reason – to give our students opportunities that they might not have anywhere else: In October of this year, we officially changed our mission statement in order to better convey that purpose (see front banner).

The equestrian world is not the only place people with physical challenges are pioneering change. In January of this year, 35 members of the Ohio State School for the Blind Marching Band performed in the Rose Parade in Pasadena. In 1989 Mark Wellman became the first paraplegic person to climb El Capitan, the largest granite cliff in North America. The first time wasn't enough; he did it again ten years later. And just last year, Steve Waddell became the first paraplegic mountain climber to reach the summit of 19,340' Mt. Kilimanjaro in southern Africa. He said he did it because he wanted people to look at the man, not at the wheelchair.

Having what is technically called a disability does not automatically make a person "disabled". Lis Hartel didn't let paralysis disable her; she



Stockholm, 16 June 1956: the medalists of the equestrian individual dressage: Lis Hartel from Denmark on Jubilee; 2nd, Henri SAINT CYR from Sweden on July 1st; and, Liselott Linsenhoff from Germany on Adular, 3rd.

won two Olympic medals. Mark Wellman and Steve Waddell didn't let paraplegia disable them – they climbed big mountains.

This year at the Kentucky Horse Park in Lexington, thousands of people watched some very accomplished riders and their abilities; not their disabilities.

You can still watch online videos of para dressage and other events of the 2010 World Equestrian Games by going to:
www.usefnetwork.com/WEG2010.



Kyle rides Traveler in English Equitation



Left: Michelle rides Traveler in English Equitation

Christine rides Vanity in futures



Jamie rides Dollar in futures





THERAPEUTIC RIDING CENTER
OF HUNTINGTON BEACH

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ADDRESS CORRECTION REQUESTED

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Brittney earns first place in English Equitation at the horse show in September (see front page). Thank you all for your support!

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Please remit to: TRCHB-Membership, P.O. Box 2298, Huntington Beach, CA 92647. We welcome your call for more information at 714-848-0966.

Thank you