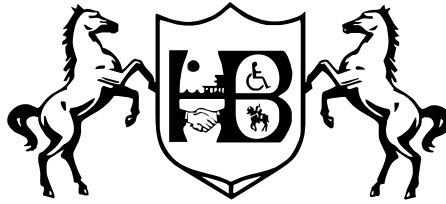


"The Spirit
that Overcomes
Disabilities"



SUMMER 2009



THE THERAPEUTIC RIDING CENTER
OF HUNTINGTON BEACH

OUR MISSION

To provide a safe,
comprehensive and
educational program through
horseback riding and related
equestrian activities

www.trchb.org

trchb@earthlink.net

Celebrate Oktoberfest!



It's time to mark your calendars for the granddaddy of them all! Travel to Old World Village on Sunday, September 6 from 2-6 pm. to celebrate the first day of Oktoberfest with TRC and revelers from all over the land. Enjoy traditional German

bratwurst and sauerkraut, music from bands imported live from Germany, and cheer on those little hot dogs as they

race for the finish line in the traditional dachshund races. There will be opportunity drawings, a silent auction and more. Tickets are \$10, including lunch.

If you have a business, you can hang your company banner for seven weeks in the Festival Hall to be seen by 50,000 people. Banners 5' and under are only \$250; 5-10' are \$500. For more information on Oktoberfest, call the TRC office at (714) 848-0966

Devotion to Others Drives 20 years of Commitment

Founding Member Carole Ann Wall Retires From TRC

Carole Ann Wall has not only been president, but the driving force behind TRC since its grassroots beginnings nearly 20 years ago.

It all began when David J. Allen, an Ambassador with the Huntington Beach Chamber of Commerce and a volunteer at the Shea Center (then known as Fran Joswick) approached Carole Ann with the idea of starting a program in Huntington Beach. They met with the city and requested 2½ acres at Goldenwest and Ellis be set aside to build a permanent home. David sold his furniture in a garage sale at the home of then-City Treasurer Warren Hall to finance the plan. In the meantime, the program operated at a small stable in Fountain Valley. When the stable closed in the early 1990s, they were given permission to operate on the grounds of the Huntington Central Park Equestrian Center.

In the years that followed, Carole Ann's affiliation with the

Chamber of Commerce as publisher of the newsletter and member of the board of directors, and various civic groups, enhanced TRC's visibility. She regularly gave presentations to corporate and civic organizations. In response to Carole Ann's drive and dedication, support continued to grow, and in the final quarter of 2008 TRC took a giant step forward with the completion of the temporary overflow arena, bringing the organization closer to the original dream of a permanent home.

"I've been a part of the group that brought that dream to fruition. TRC is on it's way; I can say good-bye feeling good about it", said Carole Ann, as Councilman Joe Carchio presented her with a special proclamation from the City at a retirement party held on May 31 at Old World Restaurant. Other recognition came from the Lyons Club and various state and local dignitaries.

But what is so special is what happens at the arena because of Carole Ann. The absolute pride and joy on one mother's face as she watched her 9-year-old daughter laughing hysterically, trotting and bouncing and holding on to her horse; Mom was bouncing inside right along with her.



Huntington Beach Host Lions Club President Leonard Gleason presents Carole Ann with the Marjorie Lancey Volunteer Champion Award.

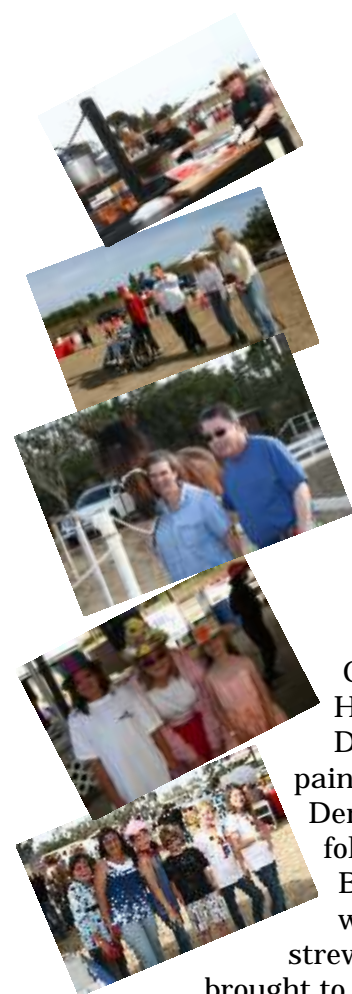
Then there was the disbelief on a dad's face when his 5-year-old son said "seal", the first word he had ever spoken. A few weeks later the same student spoke his first sentence after a lesson: "I did it". And the big smile and excitement on a teenage student's face when she cantered on her horse for the first time.

Because of Carole Ann, TRC is here for these moments to happen that seem like magic. Because she held fast to David Allen's dream and made it a reality, our students are making their own dreams a reality.

Derby Day Streaks over the Finish Line a Winner!



Board members (left to right): Event coordinator Donna Brandt, Michelle Trentini, Otis Underwood, then-President Carole Ann Wall, then-Vice President Dave Quatman, Instructor Ann Henry, Secretary Shirley Lewis. Los Alamitos Racetrack jockeys Jeffrey Jerman and Maggie Carter. Not pictured is Board Treasurer Jean Kimbrell.



Over 150 racing fans and TRC supporters gathered at HCPEC on Saturday May 2 for the first annual TRC Kentucky Derby Day fundraiser. Amid the horseshoe decorating, face painting, and tables displaying silent auction items, winners of our Derby Pick cheered as Mine That Bird crossed the finish line, followed by Pioneer of the Nile and Musket Man. Marshall's Bodacious Barbeque served up a meal to rival any chuck wagon, with diners relaxing at tables with umbrellas or on straw bales strewn around. Kids danced on the stage to the sounds of the 60s and 70s

brought to us by awesome local band "The Emperor's". The band's signature number for the day, though, was "Put Another Candle on my Birthday Cake" – it was Ashley's 10th birthday! Dressage horses danced as Carol Robertson's students Alexa Rodriguez and Marianne Horn gave beautiful performances. Todd Roettiger demonstrated the spectacular talents of the American Saddlebred. And no TRC event would be complete without our Ambassador Peanut and his mom Marcia, who came out to pose for pictures, along with Traveler, Cheyenne and Mabelline.

Our first Kentucky Derby Day fundraiser was an overwhelming success because of the many people who generously gave their time and talents; our faithful supporters, the HCPEC staff and boarders, community sponsors, and our board of directors who worked tirelessly to pull it all together. Special thanks goes out to Mary Behrens for donating the facilities. Lack of space prohibits us from listing everyone, but we are deeply grateful to all of you for supporting our students. We'll see you all on Kentucky Derby Day 2010!

New Instructor Joins TRC



Ann helps Alex mount Dollar

Ann Henry, a nursing student at Goldenwest College, joined our team of instructors in April and

teaches a class on Wednesday. Ann grew up with horses on 17 acres in Washington state and has been riding as far back as she can remember. Friends of the family had a therapeutic riding program where she volunteered, gaining experience at an early age.

Certification demonstrates a commitment to professionalism in equine assisted activities. Congratulations Ann, and welcome!

2009 Cowgirl of the Year

Vivienne Maisner is "Cowgirl of the Year" for her continuous and dedicated work

on the newsletter and her many years as a volunteer. Way to go, Vivienne!



Community Roundup

New Arena gets a Facelift



Instructor Otis Underwood, Eagle Scout Vince Coleman and Tree Society President Jean Nagy

Over 100 California native plants will soon cover the slopes around our temporary overflow arena, thanks to the Huntington Beach Tree Society and Eagle Scout Vincent Coleman, a junior at Marina High School.

The project began when the Society, at their own expense, had irrigation lines installed. A plan was drawn up by Landscape Architect Guy Stivers, gained city approval and on April 4 Vincent, community volunteers and the Tree Society, with assistance from native plant expert Nancy Harris, planted and mulched Coast Sunflower, Pigeon Point Coyote Brush and Black Sage, among others. Thank you to the Tree Society, the volunteers, and congratulations Vincent on your Eagle Scout accomplishment!

'Blitz' Descends on TRC

Teamwork was the lesson for the day when Brethren Christian High School students Melanie, Max, Garrett, Chandler, Danielle, Heather and Jasmine, accompanied by teachers Laily and Michael spent three hours mucking stalls and cleaning tack.

"It's kind of dirty, but it's fun", said one student. A tradition at the school, the B.C. Blitz refers to one day out of the year when students leave their classrooms to volunteer in the community. After all the hard work the students got a lesson in grooming from instructor Donna and horses Traveler and Dollar.



Our tack shined after the students finished!

ETI Presents Special Gift to Students



Ashley experiences riding more independently with the new saddle

Some TRC students are sitting a little bit taller in the saddle now, thanks to a generous gift from ETI Corral 100. The group helped to purchase a special adaptive saddle, which features a high back and a strap in the front to help riders sit centered and upright, thus enabling them to ride more independently. Two of our students are now using the saddle.

TRC has needed this saddle for a long time. Friends like ETI make it possible to secure the special equipment we need so all of our students can benefit from riding. Thank you to all of the members of ETI for this very meaningful gift.

Instructors attend NARHA Conference

Instructors Donna Brandt and Otis Underwood attended the NARHA Region 11 (California, Nevada and Hawaii) conference held May 8-10 at the L.A. Equestrian Center in Burbank.

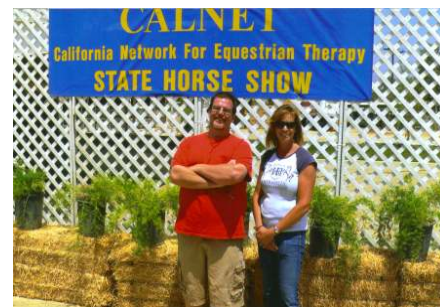
Attendees at the conference learned new techniques, from leading the horse to help students ride more independently, to hippotherapy and sensory integration (sensitivity to touch), post-traumatic stress disorder, writing a curriculum and how to put on a horse show. In role-playing activities, participants were shown how to handle specific situations

such as anxiety and mounting a student with muscle weakness from a stroke.

After the sessions the audience watched the CALNET (California Network for Equestrian Therapy) horseshow, the state champion horse show for riders with disabilities.

Each year, NARHA holds conferences in each of its 11 regions so representatives involved in equine assisted activities and therapies (EAAT) can get together and, learn from local experts in the field, discuss standards for safety and excellence and celebrate

regional accomplishments. The presence of our instructors at the conference reflects their commitment to our students' growth.





THERAPEUTIC RIDING CENTER
OF HUNTINGTON BEACH

P.O.Box 2298
Huntington Beach, CA 92647
(714) 848-0966
FAX: (714) 962-3770

ADDRESS CORRECTION REQUESTED

Straight From the Saddle – Christine



*Christine and her pal
Traveler*

If you come watch a Monday 4:45 class and you hear someone laughing and giggling, it might be Christine playing her favorite game, basketball, or carefully guiding her horse through a trail course. She's been riding with TRC for five years, and now at 18 she's ready for any horse.

Riding with TRC has helped Christine with her expressive language, says her mother Janice. She's become more independent and shows more interest. And she just loves to wear her TRC T-shirt.

Christine, a recent graduate of Edison High School, runs the the 50-yard dash, relay and the 200-meter run in Special Olympics. She's on a Challenger cheerleading team, and has been playing baseball and soccer since she was eight. At TRC's Derby Day fundraiser, Christine ran in the stick pony race alongside her friend and riding partner Jamie.

Christine and her friend Jamie



Board of Directors

David Quatman
President

Shirley Lewis
Secretary

Jean Kimbrell
Treasurer

Otis Underwood
Donna Brandt
Michelle Trentini

Instructors

Otis Underwood
Donna Brandt
Ann Henry

Office Manager

Linda Vircks

Newsletter

Vivienne Maisner

BECOME A MEMBER OF THE THERAPEUTIC RIDING CENTER OF HUNTINGTON BEACH!

___ \$1000+ - Gold Champion ___ \$100+ - Blue Ribbon Champion
___ \$500+ - Silver Champion ___ \$50+ - Red Ribbon Family Champion
___ \$250+ - Bronze Champion ___ \$25+ - Individual Champion

Other - \$ _____

Name _____

Business _____

Address _____

City/State/Zip _____

Phone () _____ Email _____

Please remit to: TRCHB - Membership, P.O. Box 2298 Huntington Beach, CA 92647. We welcome your call for more information at 714-848-0966.

Thank you